



LaCrosse Area Suicide Prevention Initiative

Raising awareness and hope in the community

TO REQUEST A QPR TRAINING, PLEASE SUBMIT THIS FORM AND EMAIL TO HUGHES.CHRISTINE2@MAYO.EDU. PLEASE PROVIDE A MINIMUM OF 4 WEEKS ADVANCE NOTICE. WE WILL MAKE EVERY EFFORT TO ACCOMMODATE REQUESTS BUT CANNOT GUARANTEE A TRAINING FOR EVERY REQUEST.

NAME:

ORGANIZATION:

PHONE:

EMAIL:

DATES/TIMES REQUESTED:

LOCATION OF TRAINING:

NUMBER OF ATTENDEES:

INFORMATION TO BE AWARE OF AS YOU PLAN A QPR SESSION.

- + THE TRAINING TAKES 75-90 MINUTES.**
- + MAXIMUM NUMBER OF ATTENDEES IS 40 FOR ONE TRAINER.**
- + THE TRAINING INCLUDES POWER POINT SLIDES SO A/V EQUIPMENT TO PROJECT PRESENTATION IS VERY HELPFUL.**
- + NO PAYMENT IS REQUIRED, AS THIS IS PART OF OUR MISSION. A DONATION OR OTHERS OFFERS OF SUPPORT AND NETWORKING ARE ALWAYS WELCOME.**
- + QPR IS NOT APPROPRIATE AS A FORM OF DEBRIEFING IN THE WAKE OF A RECENT SUICIDE. IF THIS REQUEST IS IN RESPONSE TO A RECENT DEATH BY SUICIDE, PLEASE MAKE US AWARE SO WE CAN PLAN ACCORDINGLY.**
- + MORE INFORMATION IS AVAILABLE AT: WWW.QPRINSTITUTE.COM**